

Befriending Volunteer Role Description

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| Role Title: Befriender | Responsible to: Volunteer Coordinator |
| Where (Location): | To provide 1:1 Befriending to a Racing Welfare beneficiary. |
| Time commitment: | Flexible days depending on what you can offer but a minimum 1-2 hours per week. |
| Role: | To befriend one (or more) Racing Welfare beneficiaries at one of our housing schemes or in the community. To help improve their self-confidence, emotional health and wellbeing; reducing social isolation and loneliness and promoting their independence. |
| Responsibilities: | <ul style="list-style-type: none"> • To visit a person with whom you have been matched, building a relationship of friendship, trust and support. • To give the person some company and/or enable them to get out and about or pursue a leisure interest. • Occasionally you may be required to collect shopping on behalf of the beneficiary. • To complete a short report on our Volunteero app after each visit (training provided). • Regular supervision and check in's with the Volunteer Coordinator. • To abide by the policies and procedures as per the volunteer handbook and training provided. • To comply at all times with Health & Safety regulations and safe working practices in accordance with current legislation and as detailed in the Charity's Health & Safety Policy and Procedures. • To stay connected with the organisation and feedback any concerns, that may need addressing. |

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| Qualities and Skills required | <ul style="list-style-type: none"> • To be reliable and have a genuine interest in the desire to make a difference in the lives of people you are befriending. • A good communicator who likes engaging with others • Personable, enthusiastic, approachable and non-judgmental • Have empathy, patience and a warm and friendly attitude. |
| Training and support | <ul style="list-style-type: none"> • You will be required to attend the Befriending Induction training. • Participate in Dementia Awareness and Mental Health First Aid training and/or networking events which may be offered. • To attend shadow sessions with our housing support workers for the first 2 visits. • Ongoing support and supervision will be given by the Volunteer coordinator either in person or via Zoom/telephone. • Regular reviews will take place and an opportunity given for peer support through networking events with other befrienders where possible. • Regular newsletters, updates and news from Racing Welfare will be sent to you by email. • Reimbursement of out of pocket expenses such as mileage or public transport costs. |
| Any other Requirements | <ul style="list-style-type: none"> • Due to the vulnerable nature of the people we support we will require two references. • An Enhanced DBS check will be required for this role, funded and facilitated by Racing Welfare. • 18 years or above |

Want to know more?

If you would like to find out more, please email kpanagarry@racingwelfare.co.uk. To find out more about what we do please visit us at www.racingwelfare.co.uk.