

## Newmarket Heath Ride

with the kind permission of The Jockey Club Estates and The National Stud

**SUNDAY 17<sup>th</sup> SEPTEMBER 2023**

### Schedule

Racing Welfare are very pleased to once again be holding the annual Newmarket Heath Ride.

#### Distances

- 8-mile course (start times between 12pm – 1pm)
- 15-mile course (start times between 11am – 12pm)
- 20-mile course (start times between 10am – 11am)

Please note, whilst it is possible to do a shorter route on the day, you will not be permitted to ride for longer than you have elected to when making your entry. Stewards will be checking rider numbers as they pass.

#### Entries

**Fee** - £45 per horse & rider combination (includes sponsorship)

**Entries Open** – 17<sup>th</sup> July 2023

**Closing Date** – 8<sup>th</sup> September 2023 or earlier if all spaces are filled

**Late entries will not be accepted**

You will be allocated a start time in advance of the event. You will not be permitted to start before your allocated time. Requests for start times cannot be guaranteed.

#### Refreshments

Complimentary drinks for riders and water troughs for the horses will be available at the end of the Al Bahathri gallop where the 20 and 15 mile routes re-join. The café at the National Stud will be open for refreshments.

#### SPILLERS Weighbridge

A SPILLERS nutritionist will be available on the day offering each rider the opportunity to have their horse weighed and body condition scored. Riders will then be given a voucher and goody bag to take home.

#### Rules and Conditions

By entering you accept and agree to abide by the following:

1. The Entry Fee is non-refundable.
2. You are a competent rider and your horse is fit and well.

3. The Organisers do not accept liability for any accident, loss, damage, injury or illness to horses, owners, riders, ground, spectators or any other person or property.
4. Appropriate footwear & hard hats with fastened chinstraps that comply with BS PAS 015, BS EN 1384 or ASTM F116395 (as per British Horse Society guidelines) must be worn at all times whilst mounted.
5. The Organisers recommend that Body Protectors be worn by all riders.
6. All riders are advised to take out accident insurance for themselves and their horse.
7. The Organisers reserve the right to retire any horse or pony that appears to be in any way distressed or unfit.
8. Riders under 14 must always be accompanied by a paying adult.
9. No horses or ponies under 4 years old.
10. Flu-vaccinations should be up to date in line with current BEF guidelines. These should be available for presentation on the day. For clarity, the requirements are as follows:
  - a. A complete course of primary vaccinations, the second to be given between 21-92 days of the first and not within 7 days of the event.
  - b. Boosters should be up to date and within the last 12 months.
11. All horses must have a valid passport which should be available for presentation on the day.
12. All riders **must** keep on the marked route of the ride and always show respect to other riders on the course. When overtaking, please ask other riders before doing so if possible, and slow down to an appropriate pace when passing, again, if possible. Riders choosing to walk must keep to the left to allow others to pass. Slower riders must expect to be overtaken especially in areas which invite a faster pace.
13. Any St. John's Ambulance, Blacksmith or Veterinary Fee will be the responsibility of the rider or horse owner.
- 14. It is forbidden for any rider to walk on the Al Bahathri gallop – please use the grass at the side if you do not wish to gallop. (20-mile ride only) Slower riders must expect to be passed at speed.**
15. It is forbidden to ride on any gallop other than the Al Bahathri.
16. If you bring your mobile, please make sure that you have a safe way of carrying it whilst riding; we cannot help you if you lose it on the Heath.
17. There is one compulsory walking area on the course which must be adhered to - this is clearly signposted.
- 18. All riders must be off the course by 4pm and all lorries/trailers must be out of the carpark by 5pm at the very latest.**

## Contacts

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